Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 21 Sep 2023 until 23:59 on Friday 22 Sep 2023

Forecast Issued on Thursday 21 Sep 2023 at 03:41 by Met Office Aberdeen

Confidence: High for Thursday until Saturday. Low for extent of any persistent rain on Sunday and Monday.

Headline for Thursday 21 Sep 2023: Cold and windy with outbreaks of rain.

Mountain weather hazards on Thursday 21 Sep 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales Medium Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** Medium Likelihood
Thunderstorms Low Likelihood	**Heavy persistent rain** Medium Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain	Heavy Rain
Precipitation probability					
70%	60%	60%	50%	50%	50%

Forecast for Thursday 21 Sep 2023

Weather: A mostly cloudy day with showers or longer spells of rain. Small chance of an isolated thunderstorm. Best of the drier weather across Caithness and Easter Ross. Cold and windy at height.

Chance of cloud-free hill tops above 800m: 30%, best chance towards the Great Glen. Low cloud will be quite persistent, especially towards the coast

Low cloud and visibility: Poor in areas of cloud between 700 and 900 metres, towards the west coast

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 21 Sep 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	37/44 SW	39/46 SW	32/40 SW	23/29 W	22/29 W	23/29 W	26/32 NW
900	36/42 SW	37/44 SW	32/41 SW	22/28 W	22/28 W	22/28 W	25/31 NW
600	26/32 SW	27/34 SW	23/31 SW	16/22 W	16/22 W	16/22 W	17/24 NW
300	8/33 SW	8/33 SW	10/30 SW	8/23 W	8/22 W	7/22 W	8/25 NW
Glen	14/27 SW	14/27 SW	15/27 SW	11/21 W	11/20 W	11/20 W	12/23 NW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-2	4/-3	4/-2	4/-1	4/-2	4/-2	4/-2
900	6/-1	5/-2	5/-1	5/-0	5/-1	5/-1	5/-1
600	8/3	7/2	7/3	7/3	7/3	7/3	7/3
300	9/7	9/7	9/7	9/8	9/6	8/6	8/6
Glen	11/8	11/8	11/9	12/10	11/9	11/8	11/8
Freezing Level*	1800m	1700m	1900m	1700m	1600m	1700m	1700m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Notable wind chill on the higher tops. Swollen burns following recent rain.

Forecast for Friday 22 Sep 2023
Weather: A cold and often cloudy day with scattered showers, these tending to die away through the evening. Any showers in the evening will turn wintry across the higher tops.

Maximum wind: Northwesterly average speeds of 25 mph with gusts to 40 mph, and nearer to 50 mph across the Cairngorm Plateau

Chance of cloud-free hill tops above 800m: 50%, cloud is expected to shroud the higher tops for some lengthy periods. No one area currently favoured for cloud breaks

Low cloud and visibility: Poor in areas of low cloud between 700 and 900 metres, otherwise excellent visibility outside of cloud

Temperature: **Glens:** Plus 5 rising to 14 Celsius
At 800m: Plus 6 Celsius, falling to plus 2 Celsius later
Freezing level: Above summits, falling to 1200 metres later in the day

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